

What's Trending Adverse Childhood Experiences (ACEs)

ACEs is a blanket term used to classify types of abuse, neglect, and other potentially traumatic experiences that occur to people under the age of 18.

Adverse Childhood
Experiences have a tremendous impact on future violence victimization and perpetration and lifelong health and opportunity.

Disease, Disease, Disability, and Social Problems

Adoption of Health-risk Behaviors

Social, Emotional, and Cognitive Impairment

Disrupted Neurodevelopment

Adverse Childhood Experiences

Social Conditions / Local Context

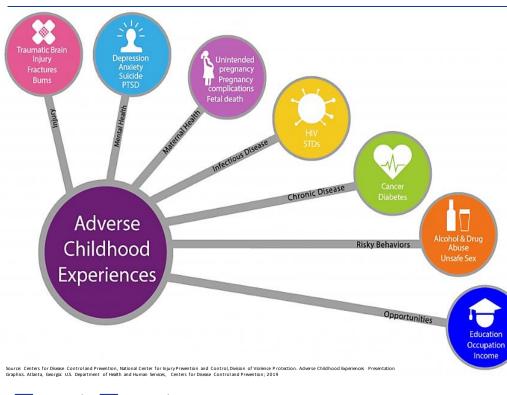
Generational Embodiment / Historical Trauma

Conception

Source: Centers for Disease Control and Prevention, National Center for Injury Prevention and Control, Division of Violence Protection. Adverse Childhin Preventation Graphics. Atlanta. Genoric: U.S. Department of Health and Human Services. Centers for Disease Control and Prevention: 2019.

Source: Centers for Disease Control and Prevention, National Center for InjuryPrevention and Control

U.S. Department of Health and Human Services. Centers for Disease Control and Prevention: 2019



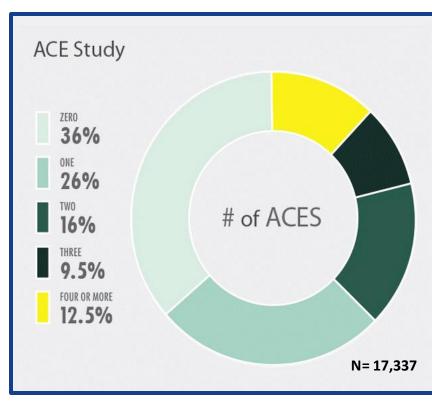
Child abuse, neglect, and other ACEs can have a tremendous impact on broader lifelong health and well-being outcomes such as:

- Lower educational attainment
- Increased risk of substance misuse later in life
- **❖** Delayed brain development
- Underdeveloped social and mental skills
- * Reproductive health problems
- Limited future employment opportunities

Fast Facts

- ❖ The CDC estimated lifetime costs of child maltreatment in the US at \$124 billion in 2010.
- ❖ The presence of ACEs does not necessarily lead to a child experiencing poor outcomes. However, a child's positive experiences (protective factors) can prevent them from experiencing adversity and can protect against many of the negative health and lifelong outcomes, even after adversity has occurred.
- New and growing ACEs include poverty, racism, and bullying.
- Studies show a \$7 return on every \$1 spent on prevention-centered services targeting the earliest years of development.

How Common are ACEs?



Source: Centers for Disease Control and Prevention, Kaiser Permanente. The ACE Study Survey Data [Unpublished Data]. Atlanta, Georgie: U.S. Department of Health and Human Services, Center for Disease Control and Prevention; 2016.

What Coalitions Can Do

- 1. Invite community members and key stake-holders from the early childhood field to coalition meetings and encourage them to become members of your coalition.
- 2. Build strong foundations through investment in high-quality, evidence-based, early intervention services.
- 3. Encourage change of social norms to support parents and positive parenting.
- 4. Advocate for early-life education.
- 5. Engage youth early to help identify possible ACEs and prevent future ACEs from occurring.
- 6. Educate yourself by visiting the CDC's ACEs website at: https://www.cdc.gov/violenceprevention/childabuseandneglect/acestudy/index.html
- 7. Connect with SAMHSA's National Helpline at 1-800-662-HELP.

Questions? Email: training@cadca.org

Disclaimer: CADCA's "What's Trending?" infographic series is solely intended as an informational resource for prevention practitioners and coalition members to become aware of the latest trends within the field. All data and statistics provided are properly sourced and cited.



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