

Racial Discrimination Identification and Mitigation Worksheet

Types of Racial Discrimination	Community Situation/Incident/Condition	Techniques or Tasks to Mitigate Racial Discrimination
<u>Avoidance</u> – wherein people are rejected or ignored because of their race		
<u>Hostility</u> – wherein verbal and non-verbal acts are directed at people to demean, intimidate, or communicate inferior status to them based on their race		
<u>Aversive-hostility</u> – wherein one encounters barriers in the form of lack of opportunity or a hostile environment		

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