

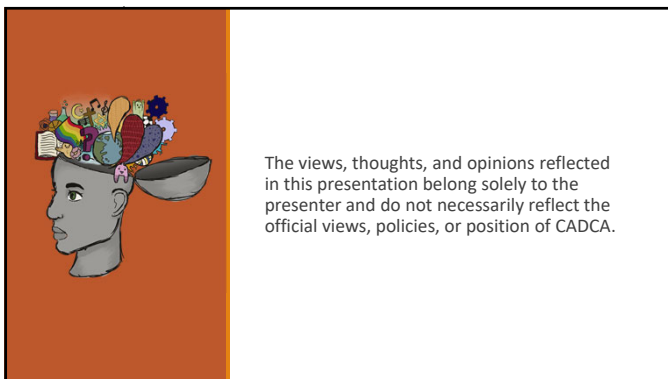
CADCA's Webinar Wednesday
Engaging Specialized Populations: Partnering
with the Recovery Community



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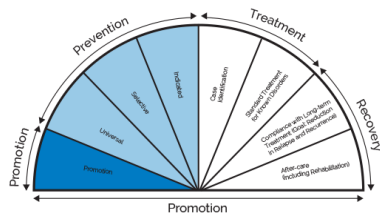
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1. Commit to building and strengthening the capacity of our coalitions
2. Identify Mutual Aid or Recovery Support Group
3. Identify meaningful roles of representative from mutual aid and/or recovery support groups

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Institute of Medicine Continuum of Care



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Prevention and Recovery share common goals:

- No one single approach is effective for change
- Both promote leadership development
- Both Assess community strengths and needs including data collection
- Both educate and raise awareness
- Both address issues of health equity
- Both use Evidence Based Approaches as a means encourage wellness
- Both advocate for policy



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November, 09, 2021

Building Community Resilience – Prevention and Recovery Services Working Together

Adapted from: National Institute on Drug Abuse, National Institute on Alcohol Abuse and Alcoholism

"Recovery is an essential component of the prevention strategy and a cross-cutting principle throughout SAMHSA's policies and programs."

"Prevention and recovery services operate under the behavioral health umbrella, share common goals, have distinct sets of services funded through separate sources, and address social determinants of health. To build community resilience there is tremendous potential to work together in a coordinated and comprehensive manner."

"Prevention and recovery services are critical elements of a health safety net for communities.... Our mutually reinforcing activities enable us to work collectively and coordinate as a cohesive system....to create hope, build resilience, and strengthen our communities."

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Drug-Free Communities

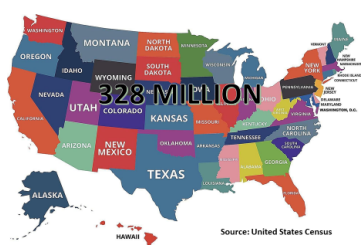


Two goals:

- Establish and strengthen collaboration among communities, public and private non-profit agencies, as well as federal, state, local, and tribal governments to support the efforts of community coalitions working to prevent and reduce substance abuse among youth.
- Reduce substance abuse among youth and, over time, **reduce substance abuse among adults** by addressing the factors in a community that increase the risk of substance abuse and promoting the factors that minimize the risk of substance abuse.

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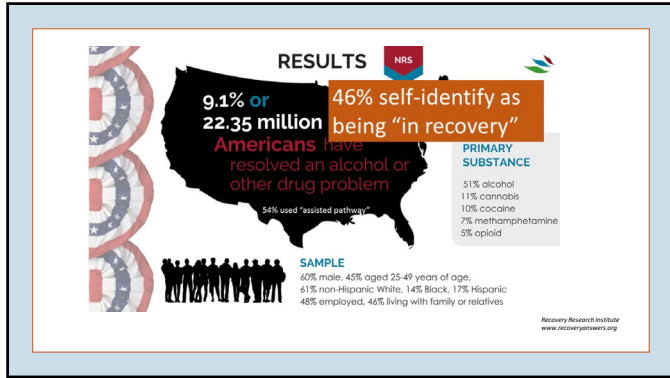
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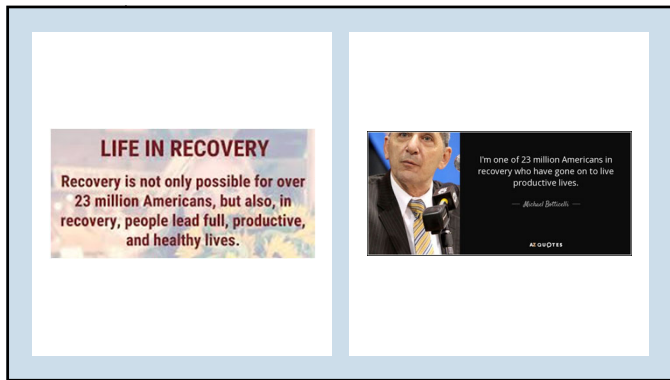
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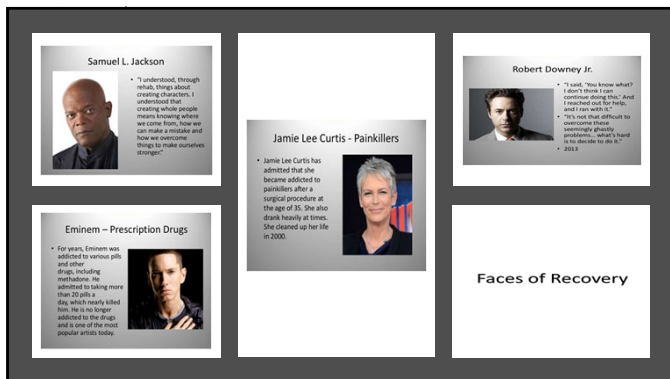
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Definition of Recovery

“A process of **change** through which individuals improve their health and wellness, live a self-directed life, and strive to reach their full potential.”

Substance Abuse Mental Health Services Administration (SAMHSA) - 2012

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Recovery Experience = Transformation

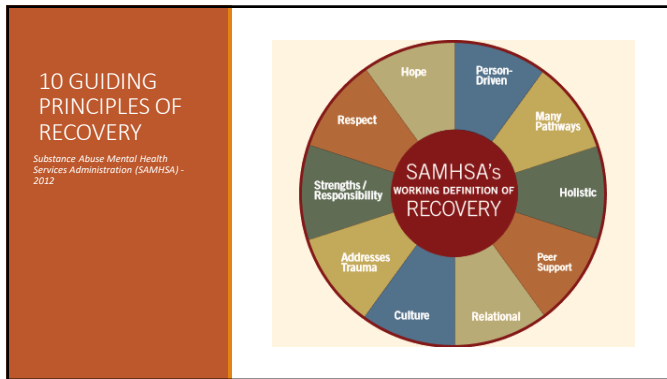
Recovery can be a powerful shift of emotional and spiritual experience that results in:

1. Surrendering guilt/shame of past actions
2. Acknowledgement of hope.
3. Investment in finding a solution.
4. A sense of belonging, connection to others
5. Purposeful existence

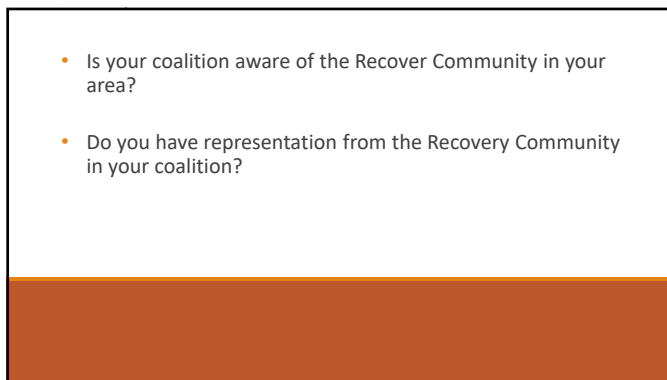
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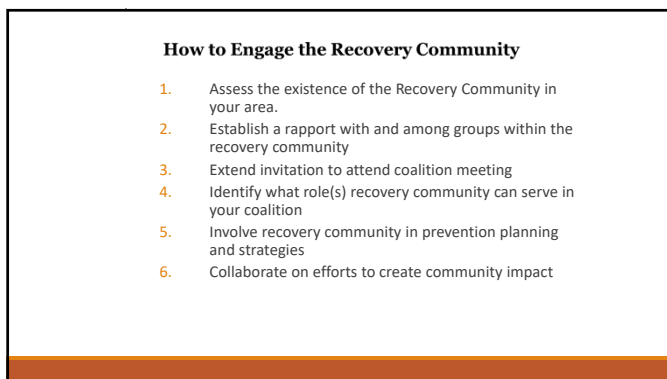
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"There are several validated treatments; pharmacological, social, and psychological treatments, as well as changing without formal help are all ways people recover successfully. We encourage recovery by any and all means possible."
~Recovery Research Institute

- Recovery Residences
- Recovery Community Centers
- Peer-Based Recovery Support
- Faith-Based Recovery Support
- Pharmacology – Medication-Assisted Treatment
- Relapse Prevention (RP/MBRP)
- Twelve-Step Facilitation (TSF)
- Behavioral Couples Therapy

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Extend invitation to attend coalition meeting

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Involve Recovery Community in prevention planning and strategies

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Identify what role(s) can representatives of the recovery community serve in your coalition?

- Key Informants
- Guest speakers
- Educators on the effects, harms and consequences of substance use and mis-use
- Advocate for legislation
- Panel member
- Help write an Op-Ed for local newspaper on the importance of prevention
- Help develop and implement programs, projects and/or initiatives for selective and indicated populations

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Identify what role(s) representatives of the recovery community serve in your coalition?

-  Mentoring
-  Neighborhood Clean-Ups and Block Parties
-  Community Connections
-  Holiday Celebrations for the Community
-  Advocacy

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Strategies that can engage the recovery community

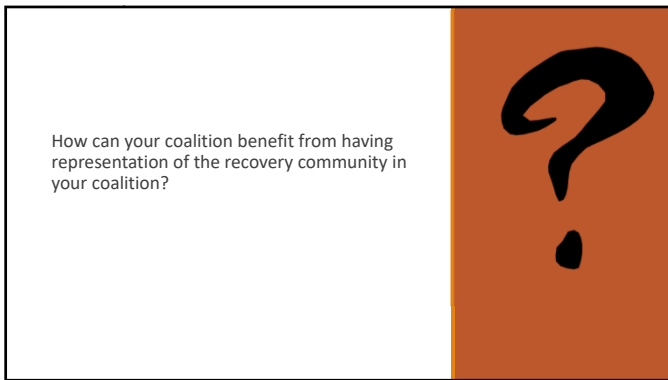
1. Use people in recovery for stigma reduction and addiction
2. Train first responders about substance use disorder and recovery
3. Provide recovery support via hotline to individuals contemplating seeking help/treatment
4. Provide immediate treatment access to overdose survivors to detox
5. Provide scholarships for individuals in recovery to receive CRS Training
6. Post billboards for stigma reduction using local residents with long term recovery.
7. Hire individuals in recovery for CRS positions

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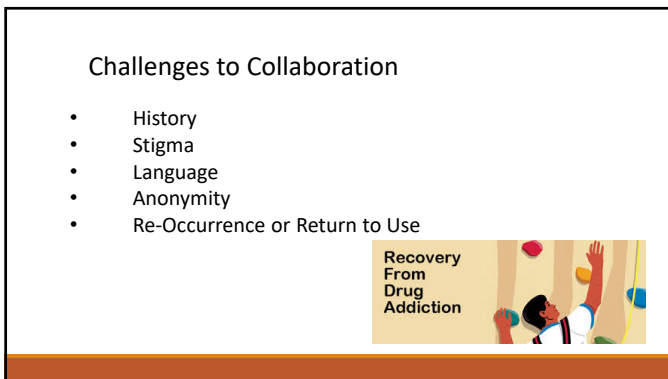
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The bond of our common humanity is stronger than the divisiveness of our fears and prejudices. God gives us the capacity for choice. We can choose to alleviate suffering. We can choose to work together for peace. We can make these changes and we must.

[Source: East Carolina Univ.](#)

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Questions/Comments



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Yvonne Stroman
Ylstroman@gmail.com



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