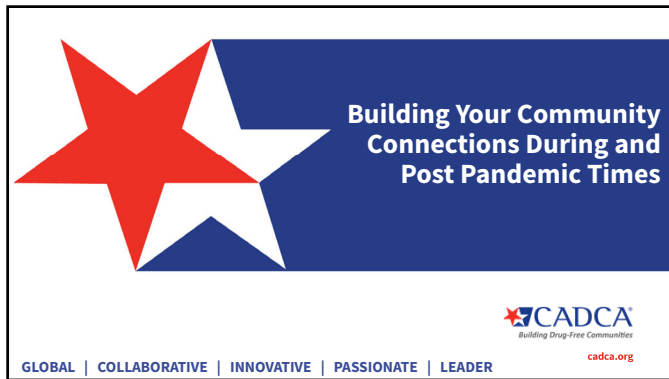


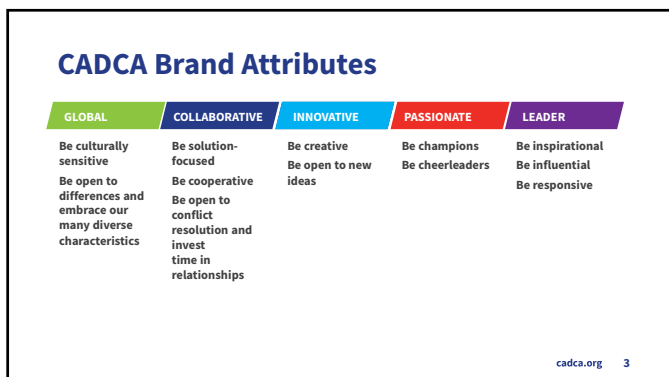
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WHAT WE WILL DO



1. Learn ways to strategically connect and keep partners engaged virtually



2. Design ways to connect to the community in a safe and meaningful way



3. Strategize ways to breach the digital divide, carrying our work beyond screens

PERSONAL GOAL OF 50 TIPS~!

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A Little About Your Trainer:



5

MY COMMITMENT TO YOU:

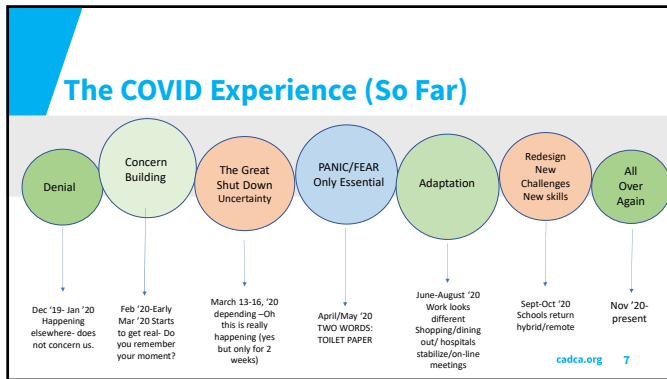
I will do my best to keep energy up even in a virtual space-
Afterall we are talking about ENGAGEMENT!

For those that like a little competition:
You can earn imaginary points along the way
(BONUS FOR SOCIAL MEDIA CHALLENGE)

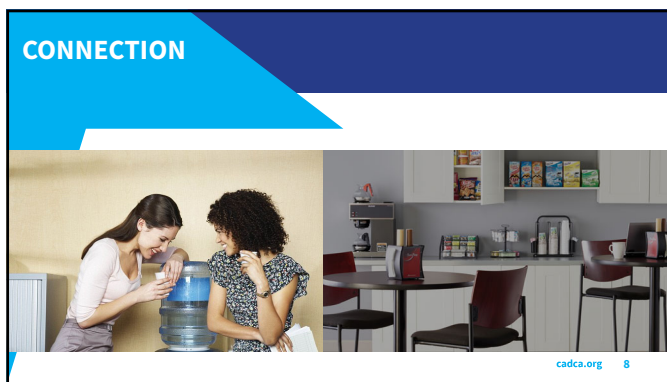
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CHALLENGES TO MEANINGFUL ENGAGEMENT



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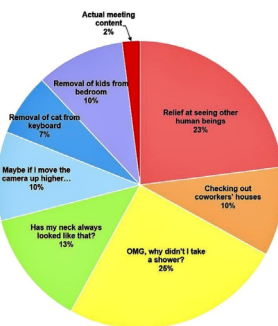
TRANSITION TO A VIRTUAL PLATFORM: Good, the Bad, and the Ugly

Technology	Being Present
Space	Down time of transition time
Home Environment	Overbooking
Zoom/Video Etiquette	Increased Attendance
The Square World	Do I really look like that/sound like that?

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Diagram of Zoom Meeting Attention Span



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ZOOMERS

WHO IS IN YOUR ZOOM

THE ONE WHO FORGOT THEY WERE ON CAMERA OR NOT ON MUTE

THE NAME- ARE YOU REALLY THERE

THE CHAT BOX PERSON

THE MUTER

YOUR NAME
BEST ATTRIBUTE
WARRIOR- GODDESS-
CHAMPION- OR ANY OTHER
UBER POWERFUL WORD!

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STARTING WITH THE SET UP

LIGHTING-

SQUARE THE CAMERA ON YOU (WHILE FINDING YOUR ANGLE)

GET CREATIVE- USE BOXES- ADJUSTABLE TABLE- IRONING BOARD

PRACTICE ZOOM- YOU WOULD PRACTICE FOR PUBLIC SPEAKING Right? TWO-FER

CLAIM YOUR SPACE- When and where you can

EMBRACE THE AWKWARD!!! THIS WAS NOT NATURAL A YEAR AGO!

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ENGAGE PRIOR TO ENGAGEMENT

FILTERS IF YOU CHOOSE (WE WON'T JUDGE)

"The Set"

GREEN SCREEN

MUSIC

VIRTUAL BACKGROUND

LOGO

THEME

GUESS THE OLDEST BUILDING IN THE COMMUNITY

GUESS THE STAR

GUESS THE SECTOR MEMBERS BABY PICTURE

CURRENT EVENTS

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ENGAGEMENT

**WHAT IS YOUR
PUMP UP SONG?**

**TYPE IN THE
CHAT**



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THEMES

WHAT ARE SOME IDEAS FOR
VIRTUAL BACKGROUND OR
DRESSING UP?

**GO AHEAD-
PUT IN THE CHAT!**



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**POSITIVITY BURST-
IDENTIFYING RISK AND PROTECTIVE
FACTORS**

THINK OF ONE POSITIVE THING YOU HAVE
SEEN IN YOUR COMMUNITY DURING COVID?



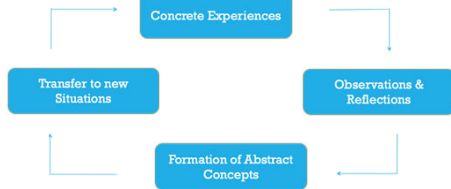
POSITIVITY BURST: Come up with one word- type
in chat but do not hit enter.



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USING THE EXPERIENTIAL LEARNING CYCLE IN TODAY'S WORLD

David Kolb's 1984 theory that learning happens most effectively in a four-step process:



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ADVENTURE WAVE

- Framing – involves providing details of the task to be done. Develop a metaphor
- Doing – participation in the experience
- Reflecting – given an opportunity to reflect upon the experience



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Kolb's (1984)
 Experiential Learning Cycle

Provide a Concrete Experience
 Task and process results are identified and explored
 Experiences are the catalyst of the cycle
 3-phase reflection process is essential for growth:

- What happened in the activity?
- What can we learn from what occurred?
- Now what can we do with this information?



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Goal Setting – SMART

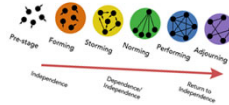
- ✓ **Specific** – clearly defined, identifiable objective
- ✓ **Measurable** – measurable in time and quantity
- ✓ **Achievable** – must be reasonable and attainable
- ✓ **Relevant** – addresses an activity that makes a positive difference in overall performance
- ✓ **Trackable** – monitor progress



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STAGES OF GROUP DEVELOPMENT

- **Forming** – Briefing, identifying the purpose of the group, explore how group members fit
- **Storming** – Involve conflict as members question what is happening – may challenge authority
- **Norming** – Find the group to be trustworthy
- **Performing** – Performs tasks effectively and efficiently
- **Adjourning** – Creates closure



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ACTIVITY TYPES

- Icebreakers & Acquaintance
- De-inhibitizer & Energizer
- Communication
- Trust
- Decision Making/ Problem Solving
- Closure & Transference
- Debriefing

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ICEBREAKERS & AQUAINTANCE

- Fun!
- Opportunity for group members to interact
- Get to know you
- Success oriented – create minimal amount of frustration, verbal interaction, and decision-making skills
- Does not arouse frustration or anxiety



Favorite Movie
Would You Rather
Something that represents you

If I was coming to your town?
1st place you would show me
Where would we go to eat?

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DE-INHIBITIZER & ENERGIZER

Involve some emotional and physical risk – may arouse some discomfort

Trying and making a good effort are key

Fun activities allow participants to view themselves as more capable and competent

Encourage participation and increase confidence

OHHHHH THAT'S ME

VICTORY POSE

HIDDEN OBJECTS

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CELEBRATION POSE



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TRUST

Involve group interaction
Balance of fun and risk
Group members provide support
Risk taking occurs at many levels
Development of trust occurs gradually
Activities are chosen with intent of building trust

BUILDING VITURAL TRUST: RULES OF
ENGAGEMENT



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**Mousetraps Make
for Great
Opportunities to
build TRUST!**



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DECISION MAKING & PROBLEM SOLVING

Physical activity and verbal communication are involved to solve problems
Higher level of frustration is purposely aroused
Demands that group members can listen, cooperate, and compromise
Success is dependent upon individuals being able to learn how to support and encourage each others' efforts
Learn value of thinking and planning ahead
Help develop skills in assessing problems, formulating solutions, and working effectively with strengths and weaknesses



VIRTUAL WORLD- COLLECTION OF RESOURCES PRIOR

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DEBRIEFING

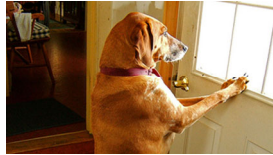
The process of reflecting and processing
Discussion helps provide an opportunity for the group to gain strength and become a more integral part of the change process
Everyone participates
Full Value Contract is in effect



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CLOSURE & TRANSFERENCE

Reflect on what they have learned
Apply in life or workplace



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GAGGLE

CHECK YOUR EGO AT THE DOOR
BUILD OFF IDEAS
THROW IT ALL IN
YES AND... WHAT IF...
WORKSHOP

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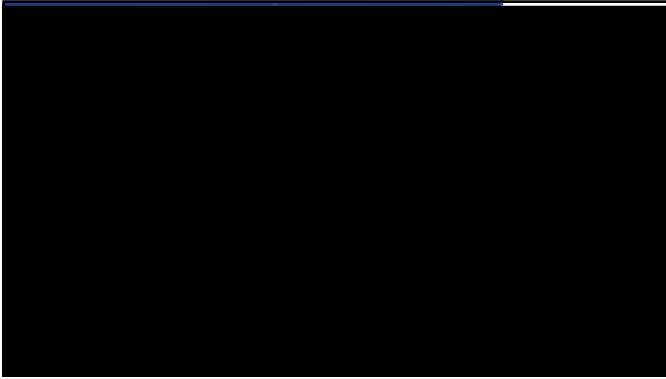
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WORK WITH THOSE SMARTER THAN YOU!



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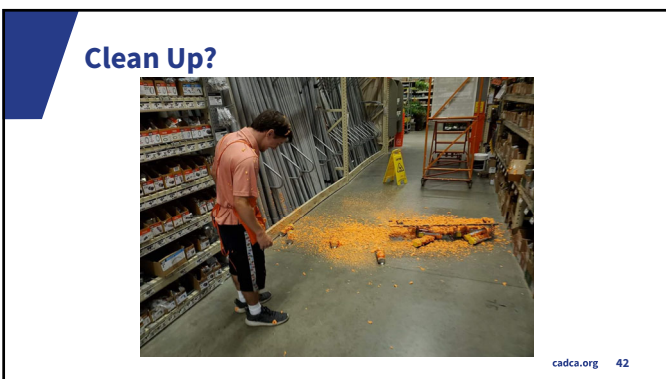
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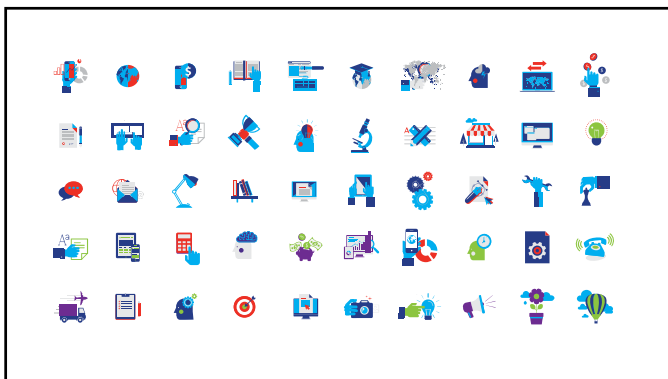
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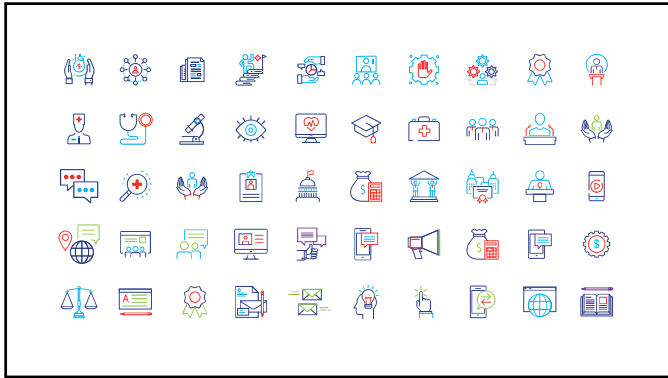


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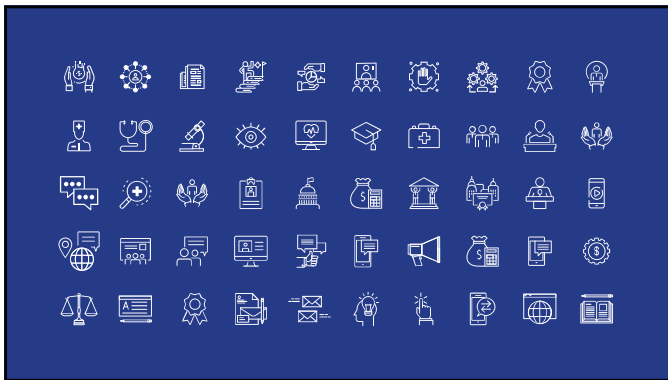


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