

WHAT'S TRENDING?

Naloxone

What is naloxone?

Naloxone is a life-saving medication designed to **reverse an opioid overdose**. It is an opioid antagonist—meaning that it binds to opioid receptors and can reverse and block the effects of other opioids, such as fentanyl, heroin, morphine and oxycodone.



In 2023, the U.S. Food and Drug Administration (FDA) approved Narcan (naloxone nasal spray) for over-the-counter non-prescription use.

You can save a life by carrying naloxone.

Naloxone won't harm someone even if they are not overdosing on an opioid.



Bystanders were present in over 46% of overdose deaths.

Signs of overdose



CDC recommendations if you think someone is overdosing:

1. Call 911 immediately

2. Administer naloxone if available

3. Try to keep the person alive and breathing

4. Lay the person on their side to prevent choking

5. Stay with the person until emergency personnel arrives

What can communities do?



Community education and training: Educate the public about the signs of an opioid overdose, how to administer naloxone and where to obtain it can be a powerful tool for raising awareness



CADCA's 7 Strategies for Community Change: (1) Provide information, (2) Enhance skills, (3) Provide support, (4) Enhance access/reduce barriers, (5) Change consequences, (6) Change physical design, (7) Modify/change policies



Partnering with pharmacies: Pharmacies can provide training on how to administer naloxone and can even offer naloxone without a prescription in some states



Public Policy: Coalitions and advocacy groups can work to change laws and policies related to naloxone access, in order to improve the availability of the drug



Community events: Host community events such as town halls, health fairs and overdose awareness walks can raise awareness about naloxone and the opioid overdose crisis

QUESTIONS? EMAIL TRAINING@CADCA.ORG VISIT: WWW.CADCA.ORG