WHAT IS DELTA-8?

Delta-8 THC (Delta-8-tetrahydrocannabinol) is a naturally occurring chemical compound called a cannabinoid that’s found in small traces in hemp and cannabis (marijuana) plants. Delta-8 in the cannabis plant is estimated to be about 50-75% as psychoactive as Delta-9-THC.

National poison control centers received 661 exposure cases of delta-8 THC products between January 2018 and July 31, 2021. 18% required hospitalizations, including children who required intensive care unit (ICU) admission following exposure to these products.

Concentrated amounts of Delta-8 THC are typically manufactured with potentially harmful chemicals from hemp derived cannabidiol (CBD). This practice may occur in uncontrolled or unsanitary settings.

According to the U.S. Food and Drug Administration, a synthetic chemical process is often used in Delta-8 products to produce concentrations of THC claimed in the market place.

IS DELTA-8 LEGAL?

A plant that contains a higher Delta-9 concentration is defined as marijuana, which is a federally illegal drug, subject to enforcement by the Drug Enforcement Administration (DEA). Since Delta-8 is manufactured from hemp-derived CBD, not extracted directly from the hemp plant, it is considered to be a controlled substance under law, according to the DEA.

WHAT STATES HAVE BANNED DELTA-8?

Delta-8 is currently outright banned or restricted in the following states:

- AR
- AZ
- CO
- CT
- DE
- KY
- ID
- IA
- MS
- MT
- NV
- ND
- RI
- UT
- VT
- WA

WHAT ARE SOME OF THE CONCERNS ABOUT DELTA-8 AND YOUTH?

- For sale at corner stores, grocery stores, vape shops, and online
- NO warning labels on packages
- NO FDA Regulations so there is no way of knowing what you are purchasing
- NO federal or state laws setting a minimum age to purchase

WHAT CAN COALITIONS DO?

- Talk about delta-8 at a coalition meeting - educate your community and coalition!
- Review your Community Assessment; environmental scan; key stakeholder interviews & focus groups; use your knowledge of SPF to assess the local landscape related to Delta-8!
- Engage key partners; connect with other coalitions in the state; online environmental scan

QUESTIONS? EMAIL TRAINING@CADCA.ORG

www.cadca.org

DISCLAIMER: CADCA’S “WHAT’S TRENDING?” INFOGRAPHIC SERIES IS SOLELY INTENDED AS AN INFORMATIONAL RESOURCE FOR PREVENTION PRACTITIONERS AND COALITION MEMBERS TO BECOME AWARE OF THE LATEST TRENDS WITHIN THE FIELD. ALL DATA AND STATISTICS PROVIDED ARE PROPERLY SOURCED AND CITED.