



Sample



A RESOLUTION TO PROMOTE THE HEALTH AND WELLNESS  
OF “CITY/TOWN” RESIDENTS AND VISITORS  
BY ESTABLISHING “CITY/TOWN” PARKS AND RECREATION  
FACILITIES AS TOBACCO-FREE ZONES

WHEREAS the Town of “Town”, Maine advocates and promotes good health, wellness and quality of life for its citizens and visitors; and

WHEREAS the mission of the “Town” Parks and Recreation Department is to provide recreational and leisure opportunities that enhance the quality of life for its citizens and providing safe environments, and has an obligation to prohibit those activities which it deems contrary to this mission; and

WHEREAS tobacco use in the single most preventable cause of death and disease in the United States, as well as in “Town”, Maine, leading to more deaths than most other leading causes combined; and

WHEREAS second hand smoke contains many harmful chemicals and cancer-causing agents, and is a serious health risk to humans, especially infants, children and pregnant women; and

WHEREAS second hand smoke increases a non-smoker’s risk for heart disease and lung cancer; and

WHEREAS chewing tobacco, snuff, or dip (referred to as “spit tobacco” in this document) are tobacco products containing many harmful chemicals and cancer-causing agents, and their use is associated with cancers of the mouth, gums, tongue and throat; and

WHEREAS the use of spit tobacco is associated with saliva, or spit, being cast upon the ground, seating areas and other surfaces in recreational settings, resulting in increased risk of non-users being exposed to the bacteria and viruses of a variety of respiratory illnesses; and

WHEREAS smoking decreases lung function, reduces oxygen available for muscles and lungs, and slows lung growth; and

WHEREAS the Town of “Town” runs many recreational and leisure programs on playing fields and outdoor facilities owned by the Town of “Town”; and

WHEREAS tobacco use in and around these recreational facilities and fields sends contradictory messages to young people being encouraged and coached by adults to participate in activities beneficial to their health, while at the same time they observe individuals using tobacco products and/or are adversely effected as the result of exposure to second hand smoke and spit saliva; and

WHEREAS tobacco-use, exposure to secondary smoke and exposure to tobacco saliva spit are clearly contrary to enhancing the quality of life and providing safe environments.

NOW, THEREFORE BE IT RESOLVED by the Recreation Commission of the Town of “Town”, that the Commission does hereby specifically prohibit the use of any tobacco product, including, but not limited to cigarettes, cigars, snuff, dip, and chewing tobacco, on, in, or at any of the recreation facilities owned, leased, managed, or used by the Town of “Town”.